## **Meet Dr. Brian Dahmer**

Keeping families well adjusted!

When you sit down and stand up, or bend to reach something, do you find yourself groaning from pain? Imagine conquering your day without these moaning sound effects. Building a relationship with a chiropractic physician may be just what you need. Over the years, chiropractic care has evolved into a tremendous alternative method for pain relief, without the need for surgeries and/or medications.

Dr. Brian Dahmer, known as Dr. Brian, has been freeing people from pain since 2006. His father is also a chiropractor, which is where Dr. Brian gained his interest in the field. His mission is to aid his patients to a more comfortable lifestyle by utilizing natural wellness techniques, and by getting to the root of the pain-causing issue.

Family Chiropractic Center for Wellness has six locations throughout Central Florida, with two offices here in Citrus County; Inverness and Homosassa. They have the ability to treat patients from newborns to teenagers to senior citizens. Their treatment services include, but are not limited to, personal, auto, and sports injury; cryotherapy; non-surgical back pain; decompression therapy; scoliosis; sciatica; cold laser & shock wave therapy; and pregnancy chiropractic care.

Each medical office is equipped with state-of-the-art equipment to ensure the most accurate diagnosis, which allows the team to create a wellness plan tailored to each individual patient. Dr. Brian has developed his own care plan called AIM (Aligned Integrative Medicine). Integrative medicine focuses on a treatment plan that includes the mind, body, and soul to treat and heal the whole person.

Family Chiropractic Center for Wellness also offers blood work, physical rehabilitation, primary care, PRP injections, trigger point injections, and regenerative medicine. NOTE: Some of these services and therapies are only available at certain locations.

Dr. Brian has been happily married for 22 years, and has four children; three daughters and one son. He shared, "Citrus County is charming and beautiful. There is a great sense of fellowship in this County, and I'm honored to be a part of it. I feel at home here." In addition to family time, his personal interests include golf, soccer, and water activities.



Dr. Brian is also a Deacon at his church. He participated in Leadership Hernando, is a member of the FCA (Florida Chiropractic Association), and was the commissioner of Hernando Soccer Club, previously known as First Hernando Youth Soccer.

To support the communities he practices in, Dr. Brian offers free health screening physicals at the beginning of the school year. Family Chiropractic Center also stays actively involved with sponsorship opportunities that benefit local non-profits.

#### **Our Services:**

- Chiropractic Care
- Personal Injury Chiropractic
- Auto Injury Treatment
- Cryotherapy
- Non-Surgical Back Pain Management
- Decompression Therapy
- Sports Injury Treatment
- Scoliosis Treatment
- Sciatica Treatment
- Pregnancy Chiropractic/ Webster Technique
- Massage

#### <u>Aligned Integrative</u> Medicine (AIM) Provides:

- Auto Injury Treatment
- Blood Work
- Chiropractic Care
- Functional Medicine
- Knee Pair
- Physicals
- Physical Rehabilitation
- Primary Care
- PRP Injection Therapy
- Regenerative Medicine
- Trigger Point Injections



6 locations throughout the Nature Coast, with 2 locations in Citrus County to serve you!

8375 S. Suncoast Blvd. Homosassa, FL (352) 587-4155 2220 Hwy. 44 W. Inverness, FL (352) 419-4949



# **Meet Marti & Shane**

Transform your home or office with the latest trends in window fashions.

Is it time to update your window treatments? Selecting the proper blinds, shades, shutters, or draperies for your living space can be a daunting task. As with many products these days, window treatments have advanced with technology. They are available in a variety of color schemes and are manufactured with energy efficient materials. Most options are available with motorization. Yes! You can operate your blinds with a remote control, or by an app on your smart phone. Program your shades to open and close at specific times of the day to reduce heat factors, or as a security feature when you're away from home. The newest styles in blinds are extremely easy to open and close.

Made in the Shade was established in 2004, and has expanded to over 100 locations throughout the United States and Canada. The company has emerged as an award-winning leader in the custom window fashion industry. The business model was created to include a complimentary, in-home consultation with a highly trained design expert to discuss your needs and interests. Physical samples of the products allow you to make an informed and educated decision on which materials and/or colors best suit your space and budget.



Marti Green and Shane Coleman are your locally owned and operated franchise owners. They began their affiliation with Made in the Shade one year ago as a creative outlet from their recent retirement as Paramedics. The opportunity to assist homeowners, and business owners, with a comfortable and functional environment gives them great satisfaction. Both credit their customer service skills and attention to detail with the success of their new venture.

Marti shared, "Indoors or outdoors, at your home or office, window and door treatments can transform the look and value of your environment." She also stated that adding shutters to your windows instead of blinds or shades can increase the resale value of your home.

Made in the Shade provides a 5-point value system as their commitment to offer a genuine, reliable product:

**Quality:** Every product is made of top-quality materials by the most experienced window covering manufacturers in the world.

**Customization:** Dare to be different! Utilize our design expertise to custom design, and make each window treatment your own. Unusually-shaped or special-sized window and doorway treatments can be specifically created for your space.

**Service:** Made in the Shade backs up every sale with superior service.

**Warranty:** All products are covered by each manufacturer's generous warranties. Your representative will work with all trusted vendor partners, who back up everything they manufacture.

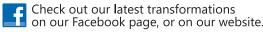
**Price:** Made in the Shade offers the best products and the best warranties in the business. Guaranteed.

Marti was born and raised in Baltimore, Maryland. She moved to Citrus County to be near family members. Shane hails from Williston, Florida, and claims that Marti is the reason he moved here. Their blended family consists of four children ranging in age from 19-24, and they have an English Golden/Border Collie mix dog named Kenzie.

They enjoy networking with local business people. They are proud members of the Citrus County Builders Association (CCBA), and Suncoast Business Masters (SBM). The chance to connect, learn, and refer to other local companies has been rewarding for them. In their spare time, Shane enjoys outdoor activities, specifically playing softball, while Marti's hobbies include DIY projects and crafts. Her creative talents are a perfect match for her Made in the Shade affiliation.



Call for your free in-home consultation! 352-366-1736



www.MadeintheShadeNorthCentralFL.com





## **Meet Dennis Wells**

When it comes to your biggest investment....choose Quality First!

Most people choose their own career path. Sometimes, the career chooses us. For Dennis Wells, he was destined to be in the roofing industry. Dennis is a 6th generation Floridian, and became a 3rd generation roofer thanks to his grandfather, who owned and operated Mullins Roofing Company, which was located in Pinellas County.

Dennis started working for the family business at the age of 13 during summer breaks. Learning the trade from the ground up, he has solidified his expertise in the profession. Dennis shared, "I enjoy providing the knowledge I've gained over the years with homeowners, and business owners alike, in making an informed decision when replacing their roofs."

Dennis and his wife, Marcela, have four children: Shaylei, 20; Emmanuel, 16; Ezekiel, 6; and Christian, 4. Rounding out the family dynamic is their Cocker Spaniel dog named Bella. The family moved to Citrus County from New Port Richey to assist in the care of Dennis' grandparents. In 2017, Dennis joined the team at Quality First Roofing in Lecanto. With 25 years of experience under his belt, the position was a perfect fit for Dennis. He has since become one of the company's top salesmen, and proud to be their sales manager.

Quality First Roofing holds over 35 years of industry expertise, offering new roof construction, storm damage repairs, roof replacement, metal roofing, skylight installation, and seamless gutter systems. The company is an Owens Corning Platinum Preferred Contractor for three years running, and has been recognized as one of the most exclusive roofing professionals in North America. Quality First Roofing holds a phenomenal 5-Star Rating on Google, and an A+ accreditation from the Better Business Bureau.

Dennis shared, "There is no greater satisfaction than when a client refers our services based upon their own positive experience with our company. We have even been named as a favorite on local social media sites."

Quality First Roofing is a locally owned and operated business, which holds them to a higher standard. As your friends and neighbors, you'll have peace of mind knowing that the company is here to stay, takes pride in their workmanship, and will guarantee their products and services. The company and its employees are committed to our community in a variety of ways. They are currently members of the following local organizations: Suncoast Business Masters, Citrus County Building Alliance, Realtors Association of Citrus County, Citrus and Dunnellon Chambers of Commerce, and the United Way's Business Life 365 Program.



Quality First Roofing also sponsors and donates items for local charity fundraising events. Recently, they held a contest to give away a FREE roof to a local teacher in need during National Teacher Appreciation Week. Students and teachers were asked to nominate a deserving educator. The winner of this amazing prize was so emotional and thankful for being recognized in such a great manner. The company has also donated and installed a new roof for the family home of injured Deputy Andy Lahera.

Quality First Roofing recently moved to their new location at 4212 W. Gulf to Lake Hwy. in Lecanto. The showroom is filled with samples for viewing the various styles and color options that are currently available. If you'd like a FREE estimate, please contact Dennis Wells directly at (352) 496-2224.



















www.QualityFirstRoofing.org



- Shingle Metal
- Reroofs Seamless Layovers
  - **Gutters**
- Commercial
- Flat Roofs
  Repairs
- Solar
- New Construction



# **Meet Logan Dowling**

Your local printer/copier sales and maintenance specialist.

Although raised in the hustle and bustle of South Florida, Logan is no stranger to Citrus County. His late grandparents, Doug and Carol Dowling, discovered the beauty of the nature coast when they relocated from Miami to Inverness in 1988. Logan's uncles and cousins also reside here, so he has grown up witnessing the tight-knit support that our community has to offer.

Since relocating to the area in early 2023, Logan has been providing his services to our community. His company, A1 Copy Tech, is a family business that was founded by his father in 1990. Cleaning, repairing, and maintaining copiers and printers is their specialty.

Logan grew up tinkering with any type of mechanical item he could get his hands on. Therefore, it was a natural fit to engage in the family business as an adult. A printer and copier technician requires working knowledge and patience when dealing with all the moving parts of the machinery. This is key for maintaining one of the most important tools in your home or business. Even in our "paperless" society, copiers and printers still play a vital role.

Logan is often asked which brand or type of printer would work best for business. He will meet with you at your office and discuss your needs, goals, and budget. Have you ever purchased a printer for a great price, only to realize that replacement cartridges are quite costly? A1 Copy Tech has tested and serviced a variety of models, so they are able to recommend which options would be best for your situation in the long run.

A1 Copy Tech offers lease programs for copiers, in addition to purchasing one outright. They also offer models that will print, sort, staple, scan, and even hole-punch your documents. Imagine the time saved with a copier that acts as an office assistant!

Another important, but often overlooked task, is to regularly service your printer or copier. Similar to your vehicle, parts may need to be replaced or cleaned to keep it running at 100%. Cleaning out toner that has collected inside your machine, replacing or calibrating worn-out rollers, and other regular maintenance, will extend the life of your equipment.

Service calls with Logan are more affordable than you may think. Each individual appointment allots time to inspect



every part, clean, and test to ensure the machine's precision. Logan knows how much you rely on your printer/copier, and customer satisfaction is paramount. His mission is to make your office run smoothly. Streaks, lines, faded prints, and paper jams are disturbing printer issues that slow work progress, not to mention the annoyance factor!

In his spare time, Logan enjoys hiking in our state parks, swimming, and appreciating nature on long walks with his dog, Misty. He recently joined Suncoast Business Masters and is excited to become a part of the business community, meet other local professionals, as well as gain new personal relationships.

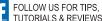




- ✓ Sales
- Service
- ✓ Satisfaction Guaranteed

352-445-5960 a1copytech.com





#### **SERVICE CENTER FOR:**











## **Meet Jennifer Duca**

When it comes to title companies.....we are Clear to Close!

Buying a home or a parcel of land may be one of the greatest purchases in your lifetime. Title insurance, the ultimate property protection, plays a key role in your investment. As property changes hands, mistakes and irregularities could place your ownership in dispute. The seller may have avoided disclosure of using said property as collateral for an unpaid loan, fraudulently claimed to be the sole owner, or failed to pay real estate taxes. Simple mistakes in the recording of legal documents, improper execution of legal instruments, or the reappearance of undisclosed or missing heirs could result in the loss of your property.

If the ownership of your property is ever challenged, title insurance will defend your possession, and assume the legal costs for as long as you, and your heirs, own the property. If the challenge to your property's title proved to be legitimate, title insurance will pay for your losses, as your policy provides.



Jennifer Duca, owner and CEO of Citrus Title Company, is celebrating 38 years in the title insurance industry. This career path began with a receptionist position at West Pasco Title in New Port Richey. She credits the office manager, Maureen Wachwicz, for teaching her the intricacies of this important profession. Jennifer established her own agency in June 2020, and has since become a leading player in the real estate industry.

Citrus Title Company has received statewide recognition as Top Florida Agent by First American Title Insurance Company for the years 2021 and 2022. First American Title Insurance is the nation's largest title insurance provider, with a network of over 18,000 agents. The Award honors agencies based on their standard of service, record for accuracy, and overall professionalism.



Jennifer credits the dedication of her staff for this prestigious award. Each team member is committed to go above and beyond for each client by listening, and by returning phone calls and emails in a timely fashion. Jennifer stated, "Experience, communication, organization, and compassion ensure a stress-free, pleasant experience on closing day."

Jennifer was born and raised in South Portland, Maine. She is a US Army veteran, who proudly served her country. She was stationed in Ft. Bragg, North Carolina, where she met her husband Mike. Upon her military discharge, she and Mike decided they didn't want to shovel

snow any longer, and began the next phase of their lives in Florida. They have been together for over 40 years, and have two sons, Michael and Thomas.

The Duca family would travel to Citrus County on weekends for camping and outdoor activities along the Nature Coast. They fell in love with the area and thought it would be great place to raise a family. Jennifer shared, "I've seen many changes in the County over the years. I still can't imagine living any place else."

Jennifer has immersed herself in the betterment of her community by joining and supporting many local groups and organizations. Over the years, she has earned awards and recognition such as: Chamber Ambassador of the Year, Altrusa's 1 of 10 Most Admired Women in Leadership, the Realtor's Association Partner of the Year, and the Jean Grant Business Women's Alliance Award.





# **Meet Mayol Gutierrez**

Insurance for your family...at all stages of life.

Mayol Gutierrez, also known as "Mr. G", is an educator at heart. For the past 27 years, he's been involved in the education field, with 18 of those years here in Citrus County.

Born in beautiful, Ponce, Puerto Rico, Mayol was raised between the island and New Jersey. In 2005, Mayol was offered a position with the Citrus County School District. He moved his family to Florida and was a music teacher at Citrus Springs Middle School for fourteen years. He later became the Behavior Specialist for the Citrus County School District.

In 2020, Mayol decided to expand his talents to another career. He set out to become an insurance broker and founded SunCoast Insurance Services. Mayol shared, "I love to help, educate, and serve people. This profession allows me to do exactly that. I am pleased to offer a necessary service locally that encapsulates all of these areas in one."

As an educator by trade, Mayol wants his clients to understand the variety of products that his insurance company has to offer, and to make a well-informed decision on which product suits them best. He also provides his services in Spanish for those who prefer it.

SunCoast Insurance Services specializes in Medicare Advantage Plans and supplements, health insurance for individuals and families, life insurance, vision and dental policies, as well as mortgage protection, IUL and annuities. The company does not believe in a one-size-fits-all approach. Mayol, a licensed broker/benefit specialist, will work with you to create an individualized solution tailored to your specific needs and budget. He wants you to understand the products that are available, the process in obtaining these policies, and how you can benefit from being properly insured.

Mayol stated that the company is heavily involved in the community, and are current members of the Citrus County Chamber of Commerce. This year, SunCoast Insurance Services was voted "Best of the Best" in the *Citrus County Chronicle's* Insurance Agent category.

Mayol and his wife, Jessica, have three children: twin boys, James and Steven, and a daughter, Joy. James and Steven both graduated from Crystal River High School, and have recently earned Biomedical Engineering degrees from Florida Gulf Coast University. Joy is currently in the third grade, and is creative in every way. She is an avid artist and piano player. Though there is a fourteen year difference between the boys and Joy, he and his wife always wanted a daughter. After a long wait, they were blessed with her, and she truly is a Joy! Mayol said that Joy keeps him, and his wife, young and active.

In his spare time, Mayol enjoys music, attending concerts, sampling good food, reading, traveling, muscle cars, exercising, great conversation, and his church family.

If you are in need of any insurance coverage, or have questions regarding an existing policy, contact Mayol to discuss your options. He enjoys talking and meeting with new people, and looks forward to assisting you and your family with all of your insurance needs.



### We specialize in:

- ✓ Medicare Advantage Plans
- ✓ Marketplace Insurance Plans
- √ Family & Individual Health Insurance
- ✓ Supplemental Plans
- **✓** Mortgage Protection
- ✓ Dental, Vision, Hearing
- ✓ Accident, Cancer, Life Insurance



Office: 352-535-0733 Cell: 352-535-7141

Email: suncoastinsurance@yahoo.com